Summary
The sin, as the act of human freedom, appears at the point of contact of the value and human freedom. The choice of evil causes the destruction of the harmony and internal fullness of a human being. It is the cause of certain enslavement. It is also the negation of the attitude of love towards God, other people and oneself. The consequences of a sin need healing. The form and diversity of human dilemma require counteraction in the form of reconciliation with God, other people and oneself. It is done fundamentally in the Sacrament of Penance. The foregoing article presents this sacrament in the theological-legal aspect. One cannot overestimate the Sacrament of Penance in the life of Christians and Church. Taking into consideration the diverse aspects and effects of this sacrament, one should agree that it belongs to the essence of Christianity of every Christ follower. The issues of how to administer and receive the sacrament can be found in the Code of Canonical Law from 1917 and 1983. The legislators of both codes emphasize unequivocally that the Sacrament of Penance plays an important role in the life of Christian, not only Catholic. The wealth of this sacrament obliges us to perform and receive it with respect and diligence.