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_The spirituality of the media and social relations: John Paul II's teaching and new directions of the development of spirituality._

**Abstract:**

John Paul II’s teaching is an expression of care for people’s well-being as well as of trust in God and, consequently, in man. It took place at a time of rapid civilization changes, development of mass media and social changes, among others such as globalisation, strengthening ties on a worldwide scale. Also, it cannot be overlooked that contrary to numerous predictions, religion and beliefs are still an essential part of human life. They not only failed to disappear; they are being expressed in new ways. It pertains to Christianity and Christian spirituality as well. The paper undertakes the subject matter, analysing (1) realities that are described as spirituality and theology of spirituality, (2) the personal and social dimensions of spirituality, (3) social relations (4) means of shaping and transferring spirituality – media. In conclusion the author states that the spirituality of the media and social relations may soon become one of the most essential currents of Christian spirituality.

**Key words:** John Paul II, spirituality, media, social relations, the spirituality of the media, the ethics of the media, theology of spirituality